



Totus Tuus

Parish Missions for Young Catholics

Team The Visitation



My name is Gemma Cowan and I am from the Oregon Coast. I just finished a year with SPIRITUS and will be returning for a second year in August. My goal in life is to simply trust in the Lord and his plans for me. I am excited to be a part of Totus Tuus and can't wait to see the things God has planned for both the students and me. I know it will be a time of growth for all as we grow closer to Christ through Mary.



I am Annastasia Eftink and I am from Missouri! This past year I served as a missionary with SPIRITUS Ministries. I came to Totus Tuus because I believe that there is nothing more important than showing people that loving Jesus is fun! After Totus Tuus I hope to complete my degree at Southeast Missouri State University and then become a youth minister and continue the work of the Church.



I am René Martínez and I am originally from Honduras! It is an honor for me to bring the message of the Gospel through the Blessed Mother to many children in the Diocese. This past year, I served as a Spiritus Missionary and I can see the need to continue talking about Jesus Christ to the youth. This need is an invitation to inspire many children to continue trusting in the Lord and an opportunity for them to share our Catholic faith with their families and friends. Our Lady of Good help, pray for us!



I am 'Ziggy' Gross, named after my polish grandfather. I greatly admire and pray to St. Faustina for intercession. I grew up in the small town of Chilton and at the age of twenty-three I encountered Jesus Christ in Eucharist and fell in love with the Church. This ignition of divine mercy drove me to quit my job and enter seminary. I look forward to serving on the Totus Tuus team and to pray with my brothers and sisters within the diocese and encounter the Eucharistic Lord in the sacraments.



Co-sponsored by the Vocations Office for the Green Bat Diocese and Mount Tabor Center

Zachery Feldker

Totus Tuus Coordinator

zachfeldker@spiritusministries.org